

Iowa New Choices

Program Participants

- Single parents who have full or joint custody of minor children
- Female offenders
- Homemakers who are displaced due to loss of a breadwinner's income
- Low income, full-time homemakers, including those receiving public assistance, who need to enter the job market



I can't say enough good things about this program. It is why I am where I am today. As a single parent, school wasn't easy but I knew I needed an education to provide for myself and my children. I got the support I needed, and today I have a great job.

-single parent, age 33

Program Purpose

Iowa New Choices assists single parents and displaced homemakers by helping them prepare for work so they can support themselves and their families.

Iowa New Choices offers vocational advising, training, and support services for job market preparation.

A professional staff of program coordinators, located at educational sites across Iowa, is responsible for administering the individual programs throughout the state.

Iowa New Choices programs are funded by their respective community colleges through federal funds in the Carl. D. Perkins Vocational and Technical Education Act, and through request for proposal state grant funds administered for Iowans in Transition by the Iowa Commission on the Status of Women.

Program Services

Personal Support:

- Individual advising
- Support services referral
- Workshops and seminars
- Life planning

Career/Educational:

- Academic and career assessment
- Career planning
- Vocational training opportunities
- Financial aid resources
- Job search skills



Shortly after graduation I took my state boards and passed. I received word on Saturday that I was an RN and went to work on Tuesday at Public Health. This is the type of work I've always wanted. I simply cannot thank you enough for all your help!

-widow, age 59

Program Sites

Des Moines Area
Community College
Boone Campus
1125 Hancock Drive
Boone, IA 50036
515/433-5037 or
800/362-2127 x.5037

Des Moines Area
Community College
Carroll Campus
906 North Grant Road
Carroll, IA 51401
712/792-8304 or
800/622-3334

Des Moines Area
Community College
Urban Campus
1100 7th Street
Des Moines, IA 50314
515/248-7520

Eastern Iowa
Community College
306 W River Drive
Davenport, IA 52801
563/336-3412 or
800/850-5440

Iowa Lakes
Community College
300 South 18th Street
Estherville, IA 51334
712/362-7931 or
800/242-5106

Northeast Iowa
Community College
Box 400
Calmar, IA 52132
563/562-3263
800/728-2256 x.304

Northeast Iowa
Community College
700 Main Street
Dubuque, IA 52001
563/557-8271 or
800/728-7367

Women Aware
520 Nebraska Street #237
Sioux City, IA 51101
712/258-4174

6/07

I am a different person now. Thanks to this program I will be looking to a future that I never thought possible. I am more confident, determined, happier with myself, more in control and have a goal to conquer.

-divorcee, age 40



For More Information

Iowa New Choices can help you find the training and/or job that's right for you by:

- Building your self-esteem and self-confidence
- Determining what your job talents and interests are.
- Exploring your training and career opportunities.
- Assisting with the development of a career plan.
- Preparing you for the job market.
- Helping you market your skills.



"As a mother of four, starting school again was a terrifying step. Iowa New Choices offered understanding, financial help, and hope for a brighter tomorrow."

- divorcee, age 30

Are you...

Divorced?

Separated?

Widowed?

A single parent?



and do you need
free help preparing
to enter the
world of work?

Iowa New Choices